

Seeds & Superfoods

Seeds for bowls, baking and cooking.



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SEEDS & SUPERFOODS

Chia Seeds

Tiny, versatile seeds for puddings and smoothies.

Rs. 199

200 g · DFB-CHIA-200

GOOD FOR

Smoothies, puddings and breakfast

Packed fresh in India



SEEDS & SUPERFOODS

Flax Seeds

Earthy, golden and easy to add to breakfast.

Rs. 159

200 g · DFB-FLAX-200

GOOD FOR

Smoothies, baking and breakfast

Packed fresh in India



SEEDS & SUPERFOODS

Pumpkin Seeds

Pepita crunch for salads, granola and good mornings.

Rs. 249

200 g · DFB-PUMP-200

GOOD FOR

Salads, granola and roasting

Packed fresh in India



SEEDS & SUPERFOODS

Sunflower Seeds

Mild, buttery crunch for topping and snacking.

Rs. 199

200 g · DFB-SUN-200

GOOD FOR

Salads, breads and trail mixes

Packed fresh in India

NEED A QUOTE OR A CUSTOM BOX?

Let us pack it for you.

This seeds & superfoods is a starting point. Call or WhatsApp Parshwanath Traders for current availability, quantities, personalisation and a custom quote.



PARSHWANATH TRADERS

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Call or WhatsApp for availability, custom orders and current quotes.